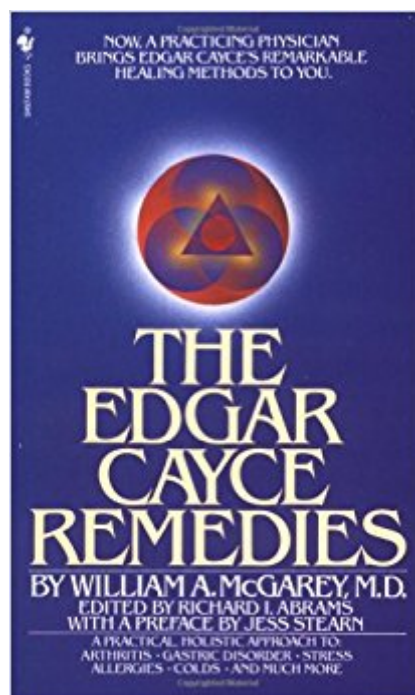




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# The Edgar Cayce Remedies: A Practical, Holistic Approach To Arthritis, Gastric Disorder, Stress, Allergies, Colds, And Much More



## Synopsis

What opens the door to disease in our body? What enables us to get well? Dr. William A. McGarey answers these questions and shows us the way to glowing good health. Guided by the teachings of Edgar Cayce, Dr. McGarey has treated thousands in his Arizona clinic. He treats the human body not as a biochemical factory but as a whole entity in time and space, affected by our consciousness and the experienced of life, now and through many incarnations. Utilizing holistic concepts that use our minds creatively to bring health to our bodies, Dr. McGarey shows us a process of healing that includes: special diets and herbs, the preparation and use of Cayce's famous castor oil packs. Effective healing massages, an exercise program, treatments for specific illnesses, including psoriasis, colitis, asthma, heart disease, arthritis, and many more, daily meditation and prayer, dreams in health and healing, a Cayce pharmacopoeia.

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## Customer Reviews

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Great book..... I think he is right. I do believe God was speaking thru him. Cayce kept saying he did not want his gift to cause harm. He said if the gift caused harm it was not from God. if it brought good, it was from God. He gift never hurt anyone....so it had to be from God. Cayce gave all credit to God, not himself. He said God is the true life force, everything comes thru and from God. His reading were to correct the cause of illness, not the effects.

Read the entire book first. Lots in here I to continue referring back to. Originally interested in castor oil packs but there is much other good to glean from this little book. My goal is to find remedies [health solutions] not Rx. I'm a novice and extremely hopeful with Cayce's invaluable help.

I recently discovered EC, after hearing a couple of friends talking about him. What I heard tickled my interest enough to search him out and buy some of his books. What I've read so far feels intuitively right to me. I can feel that EC is NOT a fake or a charlatan as so many out there... I came to trust him and to heed what he has to say. Read a book or two about him and make up your own mind. Reading EC has stretched the limits of my own envelop. I'm glad I came across Edgar Cayce!

This is a very enlightening book filled with alternative healing options for a wide range of health

issues. It emphasizes the importance of good mental attitudes that work in conjunction with the suggested remedies -- the mind-body connection -- since both are vital to the healing process. For those who want another option from prescription meds with their many undesirable side effects, I highly recommend this book since the Cayce treatments are tested by the physician/author and found to have real benefits; it's not hocus-pocus. I am delighted to have gotten a copy of this great book at a great price. The book arrived promptly and in good condition.

Very different remedies from the past. These are not your modern alternatives. My mom read these and we used them when I was growing up. I lost interest after leaving home and didn't remember most of the story behind them. It was a good easy read and I will use some of the treatments now that I have them in written form to reference I don't think they will all work but remember the ones that did.

I first heard about Cayce 30 yrs ago and just recently got back to his readings because of a knee problem. Will always be a good source of info for lots of med things

I am a strong believer in Edgar Cayce's remedies as well as his predictions for the future. After reading The Sleeping Profit I wanted more information with regard to his remedies and their formulas. This book is full of remedies for all kinds of human ailments. Some simple and others more complicated. They include creating remedies in your kitchen as well as trips to doctors. In addition, there is information for Cayce's health institute located in Virginia Beach, VA. I would recommend this book to all who are interested in new/old ideas to better health.

If one is looking for home remedies, this is a very good book "to go to".....

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